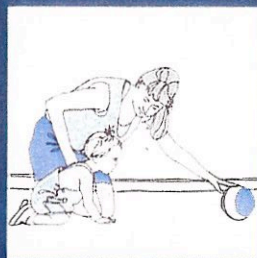


9 to 12 months

Your baby wants to walk. It may take a few months before they can walk on their own. But they want to practice walking. You can help them get ready to walk.



1. Clear a safe place for them on the floor.



2. Help them pull up from crawling to walking.

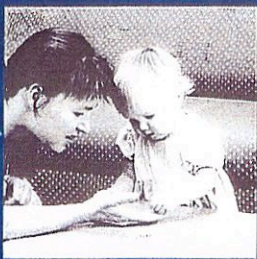


3. Support their arms while they try to stand.



4. Stay with them while they walk.

Your baby is learning to feed themselves now. They can't hold a fork or spoon yet. But they can use their hands to eat small things. It helps them learn to use their hands better.



1. Give them little pieces of food that they can pick up.



2. They like Cheerios or little pieces of cheese.

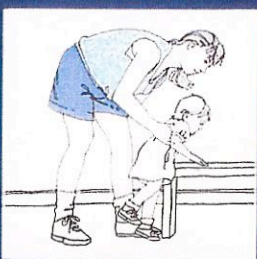
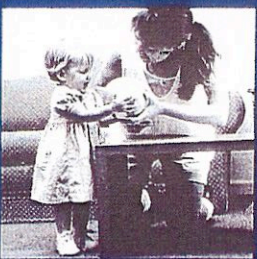


3. They will be messy when they eat.

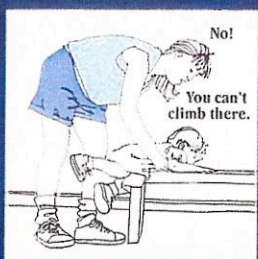


4. But they are happy that they can do things for themselves.

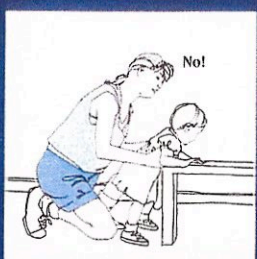
Your baby is very active now. They can crawl into places that are dangerous. But they can't tell that they might get hurt. You need to keep a close eye on them.



1. Your baby wants to explore everything they see.



2. You must take them away from danger.



3. Be patient. You may have to say "No" many times.



4. Give them something safe to play with instead.