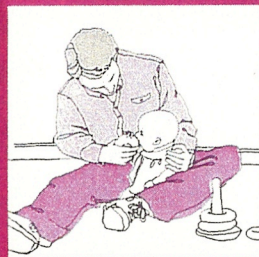
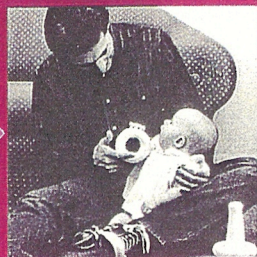


4 to 6 months

Your baby is starting to sit up now. When they sit up they can look around better. They can play new games. But they can't sit up alone yet. There are a lot of ways you can help them.



1. Use your leg to prop them up while you play.



2. Use an infant seat to let them watch you do things.

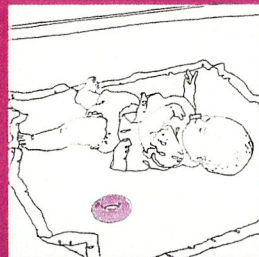


3. Play with them while they are in the infant seat.

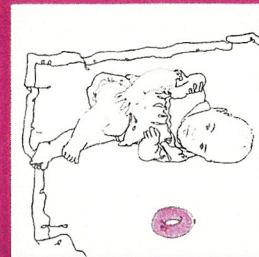


4. Help them stand. Hold them firmly at the small of the back.

Your baby can't move a lot yet. But they can roll from their back to their stomach. When they roll, their muscles get stronger. You can play with them and help them get stronger.



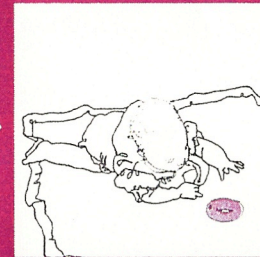
1. Place their favorite toy on the floor near them.



2. They will roll over toward the toy.



3. It may take them a while to do it.



4. But they will get it.

The more your baby grows, the more they love to be around you and the other special people they know. They may be shy with people they don't know.



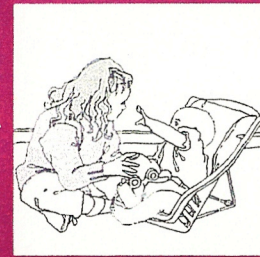
1. They know your face.



2. They know your voice. They love to hear you talk and sing.



3. They also recognize other people.



4. They like to play with other people and hear them talk.