

American Academy of Pediatrics



DEDICATED TO THE HEALTH OF ALL CHILDREN™

Committed to the attainment of optimal physical, mental,
and social health and well-being for all infants,
children, adolescents, and young adults

Recommendations:

- Children should remain **rear-facing** until they are at least one year old AND weigh at least 20 pounds.
- Children over one year of age who weigh between 20 and 40 pounds should ride in a **forward-facing** child restraint with a full harness until 40 pounds.
- Children should ride in **booster seats** until they are 4'9" tall.